

About Me

Contributed by April Van Hoose
Wednesday, 14 May 2008
Last Updated Thursday, 01 December 2011

Occupation: ACE Certified Personal Trainer, Figure Competitor, Model, and Mother of three Marital Status: Married for
thirteen years to my best friend and biggest fan Josh. We have three girls. Height: 5'7" Weight: 132 offseason; 126 Pre-
contest Hair: Auburn Eyes: Brown Birth Place: Pikeville, KY Birth Date: March 31, 1977

Hobbies: soccer, hiking, camping, swimming, playing at the lake, watching movies, cooking, and just being active.